

MONDAY

1. Tri-Colour Pasta with Cheese Sauce (V)
2. Tri-Colour Pasta with Smoky Tomato Sauce (V)
3. Tri-Colour Pasta with Mixed Veg Sauce (V)
4. Jacket Potato with Baked Beans (VG)
5. Gluten Free Pasta with Cheese Sauce (GF)

Rosemary and Garlic Bread
Green Salad

Lemon Drizzle Cake

TUESDAY

1. Omega 3 Fish Fingers
2. Shepherdess Pie (VG)
3. Pizza Panini
4. Gluten Free Pizza Panini (GF)

Mashed Potatoes
Baked Beans

Fresh Fruit Salad or Pieces

WEDNESDAY

1. Sausage Toad in the Hole with Gravy
2. Vegetarian Sausage Toad in the Hole with Gravy (V)
3. One Pot Vegetarian Goulash (VG)
4. Gluten Free Sausage Toad in the Hole with Gravy (GF)

Mini Roasties
Carrots and Swede
Savoy Cabbage

Autumn Crunch Crumble and Custard

6th February 2023

Week 3

THURSDAY

1. Mild chilli Beef Con Carne with Tortillas
2. Sweet and Smoky Vegetable Con Carne (VG)
3. Jacket potato with Cheddar Cheese (GF) (V)
4. Gluten Free Mild Chilli Beef Con Carne with Tortillas (GF)

White and Wholegrain Rice
Sweetcorn and Peppers

Chocolate Crispy Cake

FRIDAY

1. Coated Chicken Mini Fillet with Mayonnaise
2. Quorn Dippers with Ketchup (VG)
3. Coronation Chicken Salad with Rice
4. Gluten Free Plain Chicken (GF)

Potato Wedges
Autumn Coleslaw or Peas

Fresh Fruit Salad

*Available daily: milk, water, fresh bread and fresh salad bar
A choice of the desert of the day or organic Yeo Valley yoghurt or fresh fruit.*