



St Osyth C of E Primary School

A member of the Diocese of Chelmsford Vine Schools Trust
Norman Close, St Osyth, Essex, CO16 8PN
01255 820823
schooloffice.stosyth@dcvst.org
www.st-osyth.essex.sch.uk

11th October 2022

The sixth of our online safety videos for parents and carers – Screen Time

Dear Parents and Carers,

Safety of children is paramount. This is why, last year, we supported parents and carers with keeping their children safe, online, through sharing a series of short, useful and informative videos produced by an online safety expert – Alan Mackenzie.

This letter is about the sixth video in that series which supports you keeping your children safe when online. Screen time is a very subjective area, different people will have different opinions. In this 4 minute video Alan you his opinion about screen time and some advice. Below the video link we have also added some links which you should find useful.

<https://vimeo.com/487629635/f125d6875e>

Useful Links:

The debate about screen time - **Professor Sonia Livingstone** is one of the most knowledgeable people in the UK when it comes to screen time and other issues that affect children. In this article she shares some useful insights:

<https://blogs.lse.ac.uk/parenting4digitalfuture/2019/02/08/from-policing-screen-time/>

Screen time – getting the balance right for different ages of children:

<https://www.internetmatters.org/issues/screen-time/>

I trust that our work to support you, in keeping your children safe online, continues to be of help. Please let me, Mrs Levett or colleagues in the school office have your feedback about the videos. This is especially important because we are in the process of deciding whether to purchase access to them again, or not. The outcome of that decision will hinge on your feedback.

Yours sincerely,

Mr M Carter-Tufnell

(Headteacher)