

MONDAY

1. Vegetarian Bolognese (V)
2. Quorn Bolognese (VG)
3. Jacket Potato with Tuna and Sweetcorn Mayonnaise
4. Gluten Free Vegetarian Bolognese (GF) (V)

Garlic Bread
Winter Salad

Yoghurt with Crunchy Granola

TUESDAY

1. Farmhouse Grill Back Bacon and Wicks Manor Sausage (GF)
2. Egg and Sweet Potato Frittata (V)
3. Vegetarian Sausage and Ketchup in a wrap (VG)
4. Gluten Free Farmhouse Grill Back Bacon and Wicks Manor Sausage (GF)

Baked Beans
Baked Tomatoes
Potato Waffle

Fruit Salad

WEDNESDAY

1. Roast Turkey Breast with Yorkshire Pudding and Gravy
2. Vegetarian Roast Cutlet (VG)
3. Chicken Taco Salad
4. Gluten Free Turkey Breast with Yorkshire Pudding and Gravy (GF)

Fresh Carrots
Sweetheart Cabbage
Roast Potatoes

Plum upside down cake and
Custard

7th November 2022

28th November 2022

Week 2

THURSDAY

1. Mild and Creamy Chicken Curry
2. Potato and Spinach Curry (VG)
3. Tomato and Basil Pasta (V)
4. Gluten Free Mild and Creamy Chicken Curry (GF)

Broccoli Florets
White and Wholegrain Rice

Chocolate Oaty Slice

FRIDAY

1. Battered Fish Fillet with Lemon Wedge
2. Quorn Dippers with Ketchup (VG)
3. Jacket Potato with Cheese and Baked Beans (V)
4. Gluten Free Bubble Fish (GF)

Chips
Peas

Arctic Roll with Peaches

*Available daily: milk, water, fresh bread and fresh salad bar
A choice of the desert of the day or organic Yeo Valley yoghurt or fresh fruit.*