

MONDAY

1. Cheese and Tomato Pizza (V)
2. Jacket Potato with Baked Beans (VG)
3. Gluten Free Cheese and Tomato Pizza (GF)

Italian Salad
Garlic Dough Sticks

Apple Flapjack

TUESDAY

1. Pork Meatballs in Creamy Gravy
2. Quorn Meatballs in Tomato Sauce (VG)
3. Chicken fajita wrap
4. Gluten Free Pork Meatballs in Creamy Gravy (GF)

Peas and Green Beans
White and Wholegrain Rice

Sticky Toffee Pudding and
Custard

WEDNESDAY

1. Homemade Roast Chicken Pie
2. Sage and Onion Crispy Quorn Fillet (VG)
3. Tuna Pasta Shell Salad
4. Gluten Free Roast Chicken with Mash Top (GF)

Boiled Potatoes
Carrots
Broccoli
Rich Gravy

Peaches, Pears and Ice Cream

14th November 2022

5th December 2022

Week 3

THURSDAY

1. Filled Jacket Potato
(Selection of Fillings)
2. Filled Jacket Potato (VG)
3. Macaroni Cheese
4. Gluten Free Filled Jacket Potato (GF)

Autumn Rainbow Salad

Cranberry Cookie

FRIDAY

1. Beef Burger in a Bun
(with optional Iceberg Lettuce, Onions and Gherkins) Tomato Ketchup
2. Vegetable Burger in a Bun
(with optional Iceberg lettuce, onions and Gherkins) VG
3. Cheese and Leek Tart (V)
4. Gluten Free Beef Burger in a Bun (GF)

Skin on Fries
Sweetcorn

Apple and Grape pots

Available daily: Milk, water, fresh bread and fresh salad bar

A choice of the desert of the day or organic Yeo Valley yoghurt or fresh fruit.